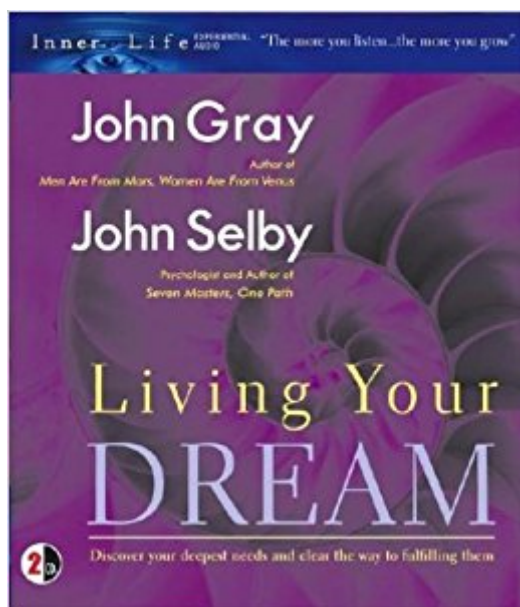


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# Living Your Dream (Inner Life Series)



## Synopsis

**BESTSELLING AUTHORS DR. JOHN GRAY AND JOHN SELBY HELP YOU FIND TRUE HAPPINESS BY REALIZING YOUR DREAMS** In this original audiobook, Dr. John Gray and John Selby have designed a series of guided experiences, carefully constructed to lead you toward your own insights and allow you to discover your vast potential for fulfilling your life dreams. The four guided sessions consist of: Loving What You Already Are; Focusing On Your Deeper Needs; Clearing the Way; and a Daily Dream Booster. These experiences will powerfully support and accelerate your personal journey into deeper emotions, expanded consciousness, and intense harmony. Living Your Dream also includes a Guided Experience Musical CD, which will provide a soothing harmonious foundation for your inner experiences as well as a chance for personal reflection. This Guided Experience Musical CD features Synergy created by The Atlantic Arts Ensemble. Their eclectic style of jazzy ambient music creates a relaxing atmosphere for new insights and realizations.

## Book Information

Series: Inner Life Series

Audio CD

Publisher: Simon & Schuster Audio; Unabridged edition (October 1, 2003)

Language: English

ISBN-10: 0743535480

ISBN-13: 978-0743535489

Product Dimensions: 6.1 x 4.8 x 1 inches

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## Customer Reviews

Dr. John Gray, author of twelve bestsellers including the New York Times bestseller *Men Are From Mars, Women Are From Venus* is an internationally recognized expert in the fields of communication and relationships. His unique focus is assisting men and women in understanding, respecting, and appreciating their differences. For more than 30 years, he has conducted public and private seminars for thousands of participants. In his books, audiotapes, videotapes, and seminars, Dr.

Gray entertains and inspires audiences with his practical insights and easy-to-use communication techniques that can be immediately applied to enrich relationships. Dr. Gray lives with his wife and three children in Northern California.

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